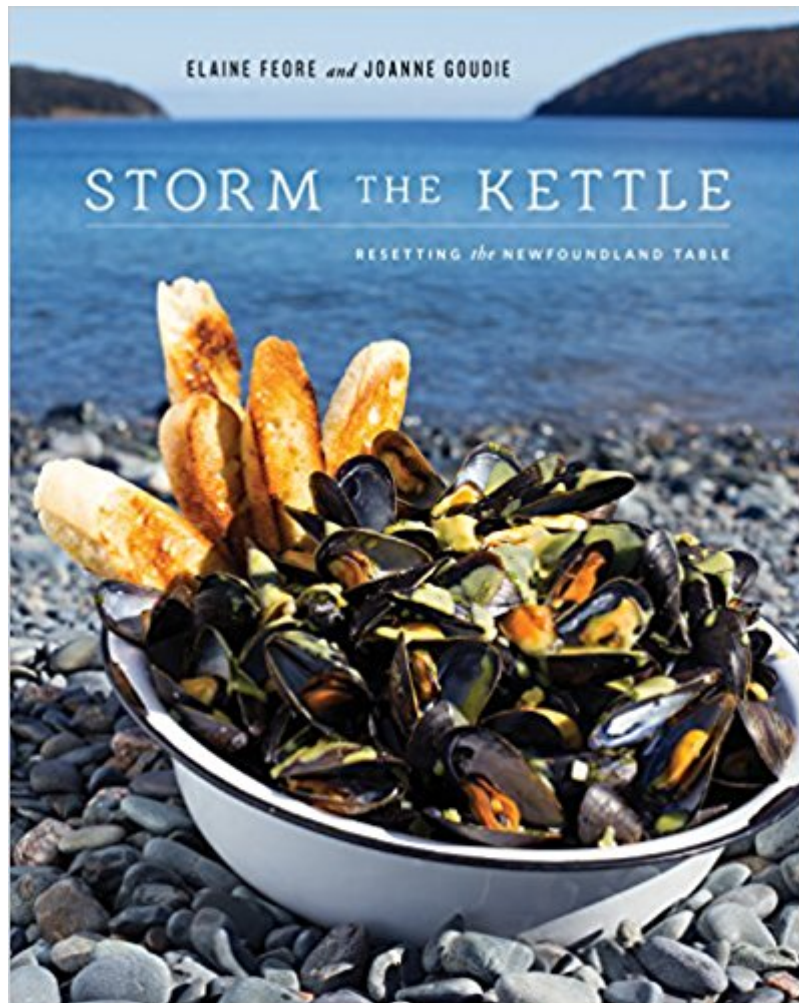




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Storm The Kettle: Resetting The Newfoundland Table



Synopsis

Looking out over Newfoundland's breathtaking coastal scenery invokes a sense of timelessness, and it's this feeling that makes Newfoundland and Labrador one of Canada's most extraordinary regions. In *Storm the Kettle*, authors Elaine Feore and Joanne Goudie celebrate Newfoundland's strong connection to the past with an eye to the culinary world beyond its shores, maintaining a centuries-old love of food and commonwealth, but, at the same time, infusing them with a contemporary sampling of recipes from around the globe. It's often observed that Newfoundlanders take great pleasure in sharing food with the people around them, and *Storm the Kettle* encourages and updates this tradition, taking inspiration both from present-day Newfoundland restaurant culture as well as from the customary foods that have graced East Coast tables since Canada's earliest days. Recipes for Thai Beef Skewers, Greek Phyllo Chicken (with Lemon Bechamel Sauce), and Fattoush accompany the classic stew and seafood dishes that have long defined Newfoundland's unique culinary scene. Appetizers and sides like Turnip "Fries" with Crispy Prosciutto and Balsamic Dressing invite foreign tastes to time-honored staples. And for the purist, Feore and Goudie offer a generous helping of recipes that pay tribute to Newfoundland's essential export-cod-with selections such as Salt Cod Soup, Cod Tacos, and Poached Cod with Mixed Vegetables. Embellished with sidebars that detail Newfoundland's rich heritage and culinary evolution, *Storm the Kettle* is a unique book that reflects Newfoundland's enduring place on the Canadian menu, while looking at the food trends and tastes that influence it today. About the title: Newfoundlanders are famous for having their own way of saying things, be it with words, phrases or accent. On The Rock 'storm the kettle' means to boil water hastily in a kettle for a 'mug up' or cup of tea.

Book Information

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Customer Reviews

Elaine Feore was born in St. John's, Newfoundland. She is a self-taught cook who ran a catering business in Windsor, Ontario before fulfilling her dream of opening her own restaurant, Elaine's Fine Foods. After selling that restaurant, she returned home to live in Newfoundland where she met Joanne Goudie. Together the two of them built The Blue Fish Bistro, a restaurant in Grand Falls, Windsor serving cuisine inspired by menus from around the world. Elaine and her husband Dermot now divide their time between St. John's and Cape Broyle and her happiest times are spent cooking for her grandchildren, family, and friends from all corners of the world. Storm the Kettle is her first cookbook. Joanne Goudie was born in the central Newfoundland town of Botwood but has lived in many parts of the island including Corner Brook, Stephenville, St. John's, Fogo Island and Grand Falls, Windsor. She has always loved baking and catering, and after meeting Elaine Feore the two were able to turn their shared passion for food into the grand adventure of opening their own restaurant, The Blue Fish Bistro, which would help inspire their cookbook Storm the Kettle. Joanne and her husband Craig are the proud parents of two sons.

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